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# William Pitt Sotheby's International Realty Agent Hana Kaufman Featured on The Dr. Oz Show

*Award-winning real estate agent in Stamford appears on the popular health television show for her expertise in cooking with wine*

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By Megan Montemarano (Open Post) (/users/megan-montemarano39ea16983fd901fa920c5f2c52f56138141c1fff1c22d8a04c5cfec138fbc5c4)

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**Stamford, Conn. – February 23, 2015** – William Pitt Sotheby's International Realty (<http://www.williampitt.com/eng>) announced today that agent Hana Kaufman of the firm's Stamford brokerage was recently featured on a recent episode of the American syndicated television talk show *The Dr. Oz Show*.

Kaufman appears in a segment (<http://press.williampitt.com/the-dr-oz-show/#more-2449>) on new healthy uses for red wine, some of which include substituting wine for soap when washing fruit, bathing in red wine for a unique form of "vino pore therapy" and cooking healthy recipes using red wine, the topic of Kaufman's expertise. Kaufman discusses the cooking tactic of using red wine to replace more unhealthy sauces, such as butter and oils. She does this for many of her recipes, one of them being a special ribs dish that was featured on the show. Dr. Oz then goes on to support this healthy method for brazing ribs, stating that substituting wine for heavy sauces can save up to 850 calories.

Kaufman is a top-producing real estate agent who has been helping clients buy and sell homes in Connecticut for over 12 years. She holds numerous awards and designations for her commitment and dedication in the field, and is involved in various organizations and local charities. Kaufman currently resides with her husband in Stamford, Conn.

“Being on *The Dr. Oz Show* was a great experience,” said Kaufman. “Besides my love for representing homes and the community, my other passion is cooking, and I was thrilled to be able to share it with viewers. I hope that viewers are able to try and enjoy my healthy approach to cooking with wine.”

*The Dr. Oz Show* made its debut in September of 2009, featuring host Mehmet Oz, a cardiothoracic surgeon and professor at Columbia University who became known for his appearances on *The Oprah Winfrey Show*. Co-produced by Oprah Winfrey's Harpo Productions, the Emmy-nominated, one-hour medical talk show covers topics including weight loss, family health, anti-aging, beauty, heart health, nutrition and more.

For more information on “The Dr. Oz Show”, visit the show's website here (<http://www.doctoroz.com/>).

### **About William Pitt and Julia B. Fee Sotheby's International Realty**

Founded in 1949, William Pitt and Julia B. Fee Sotheby's International Realty manages a \$3.3-billion-plus portfolio with more than 1,000 sales associates in 26 brokerages spanning Connecticut, Massachusetts, and Westchester County, New York. William Pitt Sotheby's International Realty, combined with partner firm Julia B. Fee Sotheby's International Realty, is the largest Sotheby's International Realty(R) affiliate globally and the 28th-largest real estate company by sales volume in the United States. A full-service real estate firm headquartered in Stamford, Connecticut, William Pitt and Julia B. Fee Sotheby's International Realty provides ancillary services including commercial services through its affiliation with Building and Land Technology, a second-generation development company based in Stamford, Connecticut; William Pitt Insurance

Services; and an award-winning global relocation division. For more information, visit the website at [williampitt.com](http://williampitt.com) (<http://williampitt.com/>).

Sotheby's International Realty's worldwide network includes more than 16,000 sales associates located in 730 offices throughout 56 countries and territories.

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